



Lifeline Application

Personal

Name _____ Date: _____

(Last) (First) (Middle)

Address _____

(Street) (City) (State) (Zip)

Date of Birth: _____ Marital Status: _____ SS# _____

Phone Number: _____

Referred to Teen Challenge

By: _____

Family

Emergency Contact Information: Name of emergency contact: _____

Phone# _____ Address: _____

Spouse (only for legally married students): _____

Full address: _____

Drug Use History

Have you been in any detox or rehabilitation programs? Yes/No If yes, please list _____

Drug(s) of choice: _____ Age began using: _____

Longest period of abstinence: _____

Why do you start again? _____

Medical

Do you have any disabilities/physical problems? Yes/No Allergies? Yes/No

Medication? Yes/No If yes, please list _____

Have you had any psychiatric treatment? Yes/No If yes, please explain: _____

Have you ever been prescribed psychiatric medication? Yes/No If yes, please list: _____

Have you ever been involved in homosexual lifestyle? Yes/No If yes, please explain: _____

Have you every attempted suicide? Yes/No If yes, please explain _____

Education

Last grade completed: _____ What year? _____ Vocational training/college: _____

Reading/writing? Excellent well fair poor (*reading is not a requirement for participation in Teen Challenge*)

Legal Issues

Are you currently on: Probation/Parole Please Explain: _____

P/O Contact Information: Name: _____ Phone # _____

Complete Mailing Address: _____

Probation/Parole Responsibilities: _____

Criminal Record

Date	City/State	Charge Status of Case
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Case Pending: _____

Incarceration time: in county _____ in state _____ in federal _____

Why do you want to enter to Teen Challenge? _____

What do you think we can do for you? _____

Please Read and Sign This Agreement

1. I understand that I will at no time use drugs and alcohol
 - Respect for God and His will as revealed in Scripture and respect for authority and others.
2. I agree to submit to a drug screen test upon request.
3. No smoking allowed on premises or parking lot. If I smoke cigarettes, I will try to quit.
4. No profanity, immoral or disruptive behavior is allowed.
5. I agree to dress and groom neatly.
6. Attendance policy – no more than 2 absences for any one insight group and any absence must be made up. If you miss more than 2 meetings you must repeat that insight group.
7. I will find a church home and have a pastor in my life by the second month.
8. I will start to have a daily devotional.
9. I understand that Teen Challenge is a Christian program and not a medical or psychiatric facility.
10. I agree for family members to be in contact with me or Tennessee Valley Teen Challenge, Inc. for further restoration. I understand that all groups are confidential. The only exception to maintaining confidentiality should be when a person is a danger to themselves or to others.

11. I understand there is no fee for these services. I do agree to support Tennessee Valley Teen Challenge, Inc. monthly in the amount of \$ _____. If you have income, we ask that you support us \$25-\$50 monthly.

I _____ voluntarily agree to participate in the Teen Challenge program. I agree to abide by the guidelines above. I understand that failure to abide to the above guidelines may result in my immediate dismissal from the program. I read and understand all of these statements and by my signature verify that all information provided is truthful and accurate.

I, _____, give Tennessee Valley Teen Challenge, Inc. authorization to release information such as drug testing, progress of the Teen Challenge program to my probation officer/parole officer, Department of Children's Services or pastor.



Dear potential student,

I want to welcome you to Tennessee Valley Teen Challenge. My name is Jim Forakis and I am the Executive Director. We have support groups that meet every Tuesday and Thursday nights. We are a Christian Discipleship Program for people with life-controlling problems. These support groups are here to help you and are led by trained and faithful facilitators.

In this packet is a more detailed description of these small groups. If you would like to earn a certificate of completion from our six month outpatient program, here are the requirements: 1) Complete six support groups that will take about six months to complete if you attend faithfully every Tuesday and Thursday nights, 2) Complete the devotional and church attendance sheets every week and turn it in to your facilitator, 3) pass a drug test, 4) Fill out an application by the second week and abide by the guidelines in the application.

We do not charge for our services, but we do ask for those that can afford it to do two things: 1) Give monthly offerings and indicate the amount on the application and the pledge card. It costs us about \$100 to \$200 per student per month to operate. Please partner with us in giving regularly (\$25-\$50 per month) so we can continue to help people. We have always existed by the donations of individuals, business and churches, 2) we ask for a \$10 donation per book.

We are in the business of changing lives for Jesus Christ. If you truly want help or want to help others, you're in the right place. Remember, if you need help, stick to the program, attend your meeting and attend church faithfully.

May God truly bless you as you look to Jesus for your help and support.

Love in Christ,

Jim Forakis

Enclosures: group outlines, mission statement, study of Teen Challenge, monthly support cards, grievances



MISSIONS STATEMENT

To Provide a Christ Centered Outpatient Program and Referral
Service for People With Life Controlling Problems.

Tennessee Valley Teen Challenge Center
1450 Florence Road
Savannah, TN 38372

Tuesday's, 6 p.m.– 8:15 p.m.

Thursday's, 7 p.m.—8:15 p.m.

Tennessee Valley Teen Challenge

Recovery Support Groups

Living Free (Director's discretion for becoming a facilitator or for new students)

This is a 5 session curriculum that addresses the student's understanding of life controlling problems and how to prevent them in their life. It is Christ-centered and used Scripture and prayer to support one's recovery from addictive lifestyles. We offer this as a spiritual recovery group.

Insight

This is a 9 session curriculum that addresses the student's understanding of the spiritual awareness in areas such as trust, feelings, and triggers that lead a personal to disconnect from God; therefore, disconnecting from their recovery. We use Scripture, prayer, and assist people in developing spiritual activities as part of their daily life, therefore, increasing the ability for the student to continue in the recovery process. We offer this as a spiritual recovery group.

Stepping Into Freedom

This is a Christ-centered 12-step program that walks students through the steps and assists the student in understanding a plan that reduces the chance of relapse. This program addresses triggers that may lead a person to relapse. We offer this as a relapse prevention group.

Anger: Our Master or Our Servant

This is a 9 session curriculum that addresses the role that anger plays in an addicted person's life. We have discovered that few people entering our program understand the positive and negative aspects of anger in their life, generally helping them to understand how they have used anger in a negative manner that has interrupted their abilities. This group allows students to understand that anger is a God-given emotion that can be used for good, and offers skills to the student to appropriately deal with their anger. We offer this as a recovery skills group.

Free to Grow: Overcoming Setbacks and Disappointments:

This is a 12 session curriculum that is designed to help each participant be free of hindrances or setbacks that have arrested or is presently hindering their spiritual development. Our lives are shaped by our experiences in early life, ages birth through age 12. Our emotional and spiritual development is often hindered by rejection, which comes in many forms.

Deepening Your Spiritual Roots: This 7 week study focuses on basic Christianity. Subjects include Spiritual Birth, Assurance, Prayer, Bible Study, Church, Spiritual Battle, and Witness.

- It is designed for the many people who have a current or past relationship with a person who has a life-controlling problem.
- It emphasizes the need we all have for each other.
- It helps people focus on Christ rather than on the problem.
- It serves as a powerful evangelistic tool by providing a way to minister to people's felt needs and then pointing them to Christ.

Daily Devotional Check List

Week (Date):_____Name_____

***This must be filled out completely**

***You are required to read at least 1 chapter in the Bible everyday and mark it on your sheet. (See Example below) and spend time in prayer and mark it on your sheet.**

Psalms 119:10: “I will seek you with all my heart; do not let me stray from your commands.

- | | | | |
|-------------|------------|---------------------|-------------------------|
| Friday - | Prayer () | Bible () | |
| | | Book & Chapter_____ | Example:
(Matthew 1) |
| Saturday - | Prayer () | Bible () | |
| | | Book & Chapter_____ | |
| Sunday - | Prayer () | Bible () | |
| | | Book & Chapter_____ | |
| Monday - | Prayer () | Bible () | |
| | | Book & Chapter_____ | |
| Tuesday - | Prayer () | Bible () | |
| | | Book & Chapter_____ | |
| Wednesday - | Prayer () | Bible () | |
| | | Book & Chapter_____ | |
| Thursday - | Prayer () | Bible () | |
| | | Book & Chapter_____ | |

Comments_____

CHURCH ATTENDANCE

Students Name: _____

Date: _____/_____/_____

***Important Instructions:**

***Please turn this form in at the first meeting of each week to your facilitator after completing both sides. Thank you.**

*** You are required to attend the church of your choice a minimum of twice a week but strongly encouraged 3 times a week and take notes on the Thursday night chapel service.**

*** You must fill out completely with sermon notes!!**

***It is important you get involved and join a church.**

SUNDAY A.M. SERVICE

Church Attended: _____ Topic _____ Speaker: _____

Notes _____

SUNDAY P.M. SERVICE

Church Attended: _____ Topic _____ Speaker: _____

Notes _____

MID-WEEK SERVICE

Church Attended: _____ Topic _____ Speaker: _____

Notes _____

Thursday Lifeline Chapel Service

Topic _____ Speaker: _____

Notes _____



TEEN CHALLENGE INTERNATIONAL

Statistics taken from the study conducted by the U.S. Government's Health, Education and Welfare Department and The University of Tennessee, Alumni Study

- 72% of people coming into the Teen Challenge Program have had previous treatment for substance abuse. However, 88% of the graduates of the Teen Challenge Program do not require any further treatment after completing the Teen Challenge Program.
- 90% of people coming to the Teen Challenge Program have had prior arrest. Of the 147 individuals surveyed by the Study, they had been arrested a total of 1,020 times. However, 70% of the graduates of the Teen Challenge Program do not have any entanglements with the law.
- 75% of the Teen Challenge graduates went on to receive some level of higher education, after completing the Teen Challenge Program.
- 76% of the Teen Challenge graduates attended church regularly.
- The White House ordered a study of Cocaine use and users, which was undertaken by the Rand Corporation. That study showed that on the average, only 6% of the Cocaine users quit using Cocaine each year. This is compared with Teen Challenge 86% cure rate. The Teen Challenge Program has been consistently producing results of 70% or better for the last 37 years. The program works consistently, with every known drug that man has tried to abuse.

*H.E.W. Study on Teen Challenge by Dr. Catherine B. Hess, 1975 Dr. Roger Thompson, Teen Challenge of Chattanooga, TN, Survey of Alumni, 1994



Teen Challenge International, USA Statement of Faith

- We believe the Bible is the inspired, infallible and authoritative written Word of God.
- We believe there is one God, eternally existent in three persons: God the Father, God the Son, and God the Holy Spirit.
- We believe in the deity of our lord Jesus Christ, his virgin birth, His sinless life, His miraculous ministry, His vicarious and atoning death, in His bodily resurrection, in His Ascension to the right hand of the Father, in his personal return to earth, at which time he will judge the quick and the dead.
- We believe the only means of being cleansed from sin is through repentance and faith in the precious blood of Jesus Christ, and that regeneration by the Holy Spirit is absolutely essential for personal salvation.
- We believe in the ordinances of the church: Holy Communion and Water Baptism by immersion.
- We believe the Baptism of the Holy Spirit, according to Acts 2:4, is given to believers who ask for it.
- We believe the redemptive work of Christ on the cross provides divine healing of the human body in answer to believing prayer.
- We believe in the sanctifying power of the Holy Spirit by whose indwelling the Christian is enabled to live a holy life.
- We believe in the Bless Hope, the imminent return of Jesus Christ followed by His reign on the earth for 1,000 years.
- We believe in the resurrection of the saved and the lost, the one to everlasting life and other to everlasting damnation.

Accepted in the Teen Challenge National Executive Committee meetings 2/28/91. Revised and approved on January 23-24, 2001.

Mission Statement (revised 2001)

To provide youth, adults and families with an effective and comprehensive Christian faith-based solution to life-controlling drug and alcohol problems in order to become productive member of society. By applying biblical principles, Teen Challenge endeavors to help people become mentally sound, emotionally balanced, socially adjusted, physically well, and spiritually alive.